



KIDNEY BELT FOR STRENGTHENING LOW BACK AND HIND END

Gently feel for the last ribs on each side of your dog. It is helpful if your dog is laying or sitting for this technique. They will often choose what is comfortable for them.

Place your hands directly behind and butting up to the last rib on each side with fingers flat and resting softly on the dog. Do not push or squeeze.

Place your thumbs gently on the spine of the dog.

Take a deep breath and quiet your mind and hold your hands there for several minutes. The dog will do the rest!

This technique covers four kidney acupuncture points and one governing vessel point and is very effective for strengthening the lower back and hind end. Use as often as needed for weak hind ends.

