

## The Metal Dog continued...

Due to this strong sensitivity they do not tolerate noisy atmospheres. They will internalize the stress of chaos and this ultimately taxes their well-being. They do not need much social interaction, but rely on the few trusted deep bonds they make in their world at home and "work." They typically do not enjoy or need touch, but with trust and time can learn to accept it. Metal Dogs like to have a quiet place to escape to and rejuvenate after giving life their all.

Metal Dogs can have rigidity issues in both their personality and body. If there is lack of trust or disconnection with their handler they will withdraw emotionally and shut down. When Metal Dogs internalize their stress, the imbalance it creates can cause respiratory issues, skin issues, constipation, and immune problems. They give 110% physically when they work or compete and can acquire leg injuries due to their own high performance standards.

The Metal Dog's emotional reflex is grief and when there is the loss of a bonded handler, companion animal, or even a job they love, they will internalize grief. Grief can illicit coughing and other respiratory issues, impatience, and also emotional withdrawal for the Metal Dog. This hard driving, intelligent, and talented dog has sensitivity needs that are often hidden from many owners.

Take the time to connect with them, develop two-way trust, and support them in their unique needs. You will be rewarded many times over.